

Daring to Touch the Dark Soil of Despair: Growing a Grounded Hope  
A Dig Deeper Session with Susanne Moser  
Convocation 2021 • The BTS Center • October 1, 2021

## Resources to share:

### Music:

- [The Tide is Rising - Annie Patterson](#)
- [Hope Comes - The Bengsons](#)

### Writings:

- Lear, J. (2006). *Radical Hope: Ethics in the Face of Cultural Devastation*. Cambridge, MA: Harvard University Press.
- Pihkala, P. (2018). Eco-anxiety, tragedy, and hope: Psychological and spiritual dimensions of climate change. *Zygon* 53(2), 545-569.
- Cunsolo, A., and Landman, K.E. (eds.). (2017). *Mourning Nature: Hope at the Heart of Ecological Loss and Grief*. Montreal: McGill University Press.
- Solnit, R. (2016). *Hope in the Dark: Untold Histories, Wild Possibilities*. Chicago: Haymarket Books.
- Macy, J., and Johnstone, C. (2012). *Active Hope: How to Face the Mess We're in Without Going Crazy*. Navato, CA: New World Library.
- Gen Dread Newsletter (by Britt Wray): Email to subscribe to: [gendread@substack.com](mailto:gendread@substack.com)

### Podcasts/Apps/Online Resources:

- On Being Project (Wisdom App currently features a course on hope): <https://onbeing.org/>
- Climate Hope: <https://www.climatehope.earth/resources>
- Living Resilience: <https://livingresilience.net>
- Dean Spiller-Walker's Podcast: The Poetry of Predicament ([YouTube channel](#))
- [Facing It](#): a podcast about love, loss, and the natural world, with Dr. Jennifer Atkinson
- [Facing It Episode 1: Facing Down Climate Grief](#)
- [What is Climate Grief?](#)
- [Climate Psychology Alliance: Climate Change, Grief, and Hope](#)
- [A Matter of Degrees Episode 8: The Stages of Black Climate Grief](#)
- [Climate Ready: Coping with Climate: Climate Grief and Adaptation](#)
- Joanna Macy: [Climate Crisis As Spiritual Path](#)
- Climate & Mind: <https://www.climateandmind.org/>

### Group work:

- Good Grief Network: <https://www.goodgriefgroup.org/>
- The Work That Reconnects: <https://workthatreconnects.org/> (see also <https://www.activehope.info> and <https://www.joannamacy.net/>)
- Existential Toolkit for Climate Justice: <https://www.existentialtoolkit.com/>
- Council on the Uncertain Human Future: <https://councilontheuncertainhumanfuture.org/>
- Wisdom Bridge/Francis Weller: <http://www.wisdombridge.net/>
- Center for Courage and Renewal: <http://www.couragerenewal.org/>